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服务时间 Service Hours :

星期一至日及公众假期

24小时

Monday to Sunday and Public Holidays

24 hours

电话 Telephone : (852) 3946 6820

电邮 Email : OGservice@cuhkmc.hk

网址 Website : www.cuhkmc.hk/sc/centres/labour-and-delivery-centre



 CUHK Medical Centre

 @cuhkmedicalcentre

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香港中文大学医院 分娩中心

CUHK Medical Centre Labour and Delivery Centre



CUHKMC/H/L/LDC/INTROSC/2023/9

 香港中文大學醫院
CUHK
Medical Centre

我们的产科团队由产科教授、医生、资深助产士及专职医疗人员组成，以专业知识，致力为准妈妈提供由怀孕、分娩至产后的全面照顾。

我们的团队支持自然分娩，鼓励和推行母乳喂养，确保母婴在整个分娩过程，获得无微不至的关怀，为准妈妈、婴儿及其家人提供体贴和优质的产科服务。

Our specialised obstetric team is composed of professors, obstetricians, experienced midwives and allied health members. We provide holistic care to expectant mothers from their pregnancy to labour and postpartum period.

We support natural birth and promote breastfeeding with a good quality and safe obstetric experience. We strive to provide the highest standards in obstetric and midwifery care to mothers, newborns and their families.



我们的服务 Our Services

自然分娩

Vaginal Delivery

- 独立分娩室 Private delivery room
- 伴侣 / 家人陪产及剪脐带 Partner and key person accompany in labour
- 非药物类镇痛 Drug free labour pain relief
 - 分娩池水疗 Hydrotherapy in birth pool
 - 分娩球 Birth ball
 - 音乐 Music
 - 按摩 Massage
 - 经皮神经电刺激镇痛疗法 Transcutaneous electrical nerve stimulation (TENS)
- 药物类镇痛 Pharmacological pain relief
 - 笑气 Entonox
 - 无痛分娩 Epidural analgesia
- 协助分娩体位 Coaching on birth position
- 尽早与婴儿作肌肤接触 Early Initiation of Skin-to-skin contact

剖腹分娩

Caesarean Section

- 手术前及手术后的常规观察及护理
Pre and post-operation routine observation and nursing care
- 伴侣 / 家人在手术室陪伴及剪脐带
Partner or key person accompanying in Operating Theatre and cutting of umbilical cord
- 尽早与婴儿作肌肤接触
Early Skin-to-Skin Contact
- 提供压力袜
Provide TED stockings