

## 地址 Address:

香港新界沙田澤祥街9號香港中文大學醫院11樓 (A11) 11/F (A11), CUHK Medical Centre, 9 Chak Cheung Street, Shatin, New Territories, Hong Kong

# 服務時間 Service Hours:

星期一至五: 09:00-17:00 星期六: 09:00-13:00 星期日及公眾假期休息

Monday to Friday: 9:00AM - 5:00PM

Saturday: 9:00AM - 1:00PM

Closed on Sunday and Public Holidays

預約 Booking: (852) 3946 6188 查詢 Enquiry: (852) 6823 8018



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#### 網址 Website:

https://www.cuhkmc.hk/tc/medical-centres-allied-health/elderly-clinic





**CUHK Medical Centre** 



@cuhkmedicalcentre

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CUHKMC/H/L/EC/INTRO/2025/04

# 香港中文大學醫院 **長者門診** CUHK Medical Centre **Elderly Clinic**





香港中文大學醫院長者門診現正提供跨專科老人科服務,由老人科專科醫生主理,團隊包括言語治療師,營養師及老人科護士,為有吞嚥困難及飲食問題的長者提供全面性評估及個人化治療。

# 目標

本門診希望長者及照顧者關注健康及適當飲食的重要性,特別 針對長者吞嚥困難和營養問題,作出專業性評估,從而改善長 者身體健康及生活質素,減輕照顧者負擔。



# 吞嚥困難常見病因 Common Causes of Swallowing Diffculties



# 費用

老人科專科醫生服務:

請聯絡長者門診查詢及預約

言語治療服務:

首次評估: 港幣 HK\$1,500 覆診: 港幣 HK\$1,500

營養諮詢服務:

首次營養諮詢: 港幣 HK\$700 覆診: 港幣 HK\$460

CUHK Medical Centre Elderly Clinic provides multi-disciplinary geriatric service led by geriatric specialist doctor. The team includes speech therapists, dietitian and geriatric nurse to provide comprehensive assessment and personalised treatment for the elderly with swallowing difficulties and nutrition problems.

# **Objectives**

Our clinic aims to provide geriatric services to elderly and caregivers to increase their awareness of healthy and suitable diet especially for those with swallowing and nutritional problems. We provide comprehensive assessment and intervention to improve the health status, quality of life and alleviate the burden of caregivers.



# 老人科專科醫生服務:

·提供全面性長者評估, 診斷及治療

#### Geriatric Specialist Service:

 Provide comprehensive geriatric and medical assessment, diagnosis and treatment

# 言語治療服務:

· 提供吞嚥評估及治療給予 吞嚥困難之長者

## Speech Therapy Service:

 Provide swallowing assessment & treatment to the elderly with swallowing difficulties

# 一站式服務 One-stop Services

# 營養諮詢服務:

· 提供營養評估及飲食諮詢 給予營養不良之長者

#### **Dietetics Service:**

 Provide nutritional assessment and dietary counseling to the elderly with nutrition problems

## 護十服務:

· 提供老人護理建議及 照顧者教育

#### Nursing Service:

Provide geriatric advice and carer education

## Fees

#### Geriatric Specialist Service:

Please contact Elderly Clinic for enquiry and appointment booking

Booking: (852) 3946 6188

Enquiry: (852) 6823 8018

WhatsApp our staff to learn more

# Speech Therapy Service:

Initial Assessment HK\$1,500

Follow Up Consultation HK\$1,500

**Dietetics Service:** 

Initial Consultation HK\$700

Follow Up Consultation HK\$460