



**地址 Address :**

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1/F, CUHK Medical Centre, 9 Chak Cheung Street,  
Shatin, New Territories, Hong Kong

**服務時間 Service Hours :**

星期一至五 上午9:00 - 下午5:00

星期六 上午9:00 - 下午1:00

星期日及公眾假期休息

Monday to Friday 9:00AM - 5:00PM

Saturday 9:00AM - 1:00PM

Close on Sunday and Public Holidays


**電話 Telephone :** (852) 3946 6321

**電郵 Email :** general@cuhkmc.hk

**網址 Website :** <https://www.cuhkmc.hk/tc/services/breastfeeding-clinic>



 CUHK Medical Centre

 @cuhkmedicalcentre

中大醫院保留更改以上所有條款及細則的權利而毋須另行通知。  
如有任何爭議，中大醫院保留最終決定權。

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CUHKMC/H/L/BFC/INTRO/2021/5

# 香港中文大學醫院 母乳餵哺門診

## CUHK Medical Centre Breastfeeding Clinic



首間由醫生主理的私家醫院母乳餵哺門診，醫護團隊擁有超過20年的國際認證哺乳顧問資格。整個團隊均對母乳餵哺充滿熱誠，願意協助解決哺乳期母親與嬰兒所要應對的種種難題。

Our breastfeeding clinic is the first ever specialty clinic in private hospital directed by a doctor. Our medical team had the qualifications of International Board Certified Lactation Consultant (IBCLC) for over 20 years. All our team members are passionate on breastfeeding. We are here to help solving problems encountered by mothers and babies during breastfeeding.



## 母親 Mothers

- 母乳不足
  - 母乳分泌太多
  - 乳頭痛
  - 乳頭裂
  - 乳頭扁平
  - 乳頭內凹
  - 乳頭出血
  - 乳頭有白點
  - 乳房脹痛
  - 乳房腫痛
  - 乳房劇烈疼痛
  - 乳房壓痛
  - 乳房發紅
  - 乳房出疹
  - 懷疑真菌感染
  - 懷疑乳管堵塞
  - 懷疑乳腺炎
  - 懷疑乳腺膿腫
  - 血奶
  - 母親需服藥或需特殊飲食
  - 母親患病
  - 預備哺乳和育嬰的諮詢服務
- Insufficient milk
  - Too much milk
  - Nipple pain
  - Crack in nipple
  - Flat nipple
  - Inverted nipple
  - Bleeding from nipple
  - White spot in nipple
  - Engorged breasts
  - Swelling in breast
  - Sharp pain in breast
  - Tenderness in breast
  - Redness in breast
  - Rash in breast
  - Suspected fungal infection
  - Suspected blocked duct
  - Suspected mastitis
  - Suspected breast abscess
  - Blood in milk
  - Mothers on medications or on special diet
  - Mother with illnesses
  - Advice for a better preparation on breastfeeding and baby care

## 診金 Consultation Fee

首次診症 First Visit

港幣HKD 1,200 - 2,500



## 嬰兒 Babies

- 哭鬧
  - 拒絕埋身吃奶
  - 懷疑吃不飽
  - 喂食時噎奶
  - 增重不足
  - 增重過多
  - 肚痛
  - 吐奶
  - 肚瀉
  - 大便有血
  - 便秘
  - 嬰兒黃疸
  - 黃疸持續未退
  - 紅疹
  - 濕疹
  - 拒絕進食固體食物
  - 挑食
  - 懷疑對食物過敏或不耐受
  - 懷疑營養不良
  - 懷疑舌系帶過短
  - 懷疑口腔有真菌感染
- Crying baby
  - Refusing to take the breast
  - Suspected to be underfed
  - Choking during feeding
  - Not gaining weight as expected
  - Gaining too much weight
  - Abdominal colic
  - Vomiting
  - Diarrhea
  - Passing blood in stool
  - Constipation
  - Neonatal jaundice
  - Prolong jaundice
  - Skin rash
  - Eczema
  - Refusing to eat solids
  - Refusing to eat certain foods
  - Suspected to have food intolerance
  - Suspected to have inadequate nutrition
  - Suspected to have tongue tie
  - Suspected to have oral thrush